



## **OT-Europe Workshop:**

### **Occupational therapy in an increasingly digitalized eHealth Europe Research, potentials and critical issues**

#### *Content & focus*

The use of eHealth, such as Information and Communication Technology (ICT), assistive technology and digital solutions at large, is integrated into daily occupations for many people to participate and take care of one's health. eHealth is often utilized to give clients access to information, self-evaluation, self-management and to enable independent living and increase quality of life. eHealth devices are very broad and encompass mobile phones, computers, tablets, robotics, activity trackers, apps,... but a gap exists in the use of eHealth technology in occupational therapy.

Seen in the light of the demographic development with an increasing aging population and decreasing resources available, eHealth solutions are expected to meet this gap. eHealth provides healthcare and rehabilitation contexts with new opportunities, alternatives, and potentials for the benefit of occupational therapy and society at large. Yet, with eHealth also follows a number of critical issues related to ethics, barriers, eHealth literacy, professional requirements and competencies.

In order to prepare for occupational therapy in an increasingly digitalized Europe, it is relevant and important to focus and address potentials and critical issues related to eHealth seen from the perspective of 1) people/clients, 2) occupational therapists and 3) society at large.

#### *Learning outcomes*

- ✓ How eHealth have been used in prevention and in a person-centered rehabilitation intervention in research and clinical practice.
- ✓ How digital tools can develop new interventions in occupational therapy.
- ✓ How digital tools in community-based programs contribute to community resilience.



**OT-EUROPE**

Occupational Therapy  
Europe

### *Participation in the workshop*

A maximum of **50 participants** is allowed for this workshop.

### *Workshop leaders*



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*The OT-Europe Workshops are part of the*

